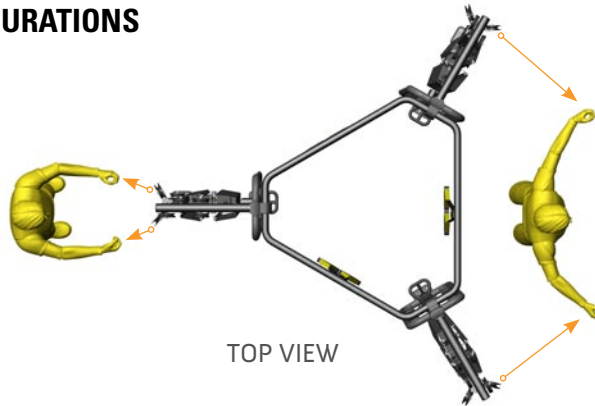


CABLE COMPONENT

- » *Dual Pulley Adjustable Cable Column*
- » *Compatible with X-Lab*
- » *Compatible with X-Rack*
- » *Available as Wall Mount*
- » *185 lb Solid Steel Weight Stack*
- » *Steel Weight Stack Shrouds*
- » *Clear exercise placards*
- » *Pair with another for a cable crossover*

CABLE COMPONENT CONFIGURATIONS

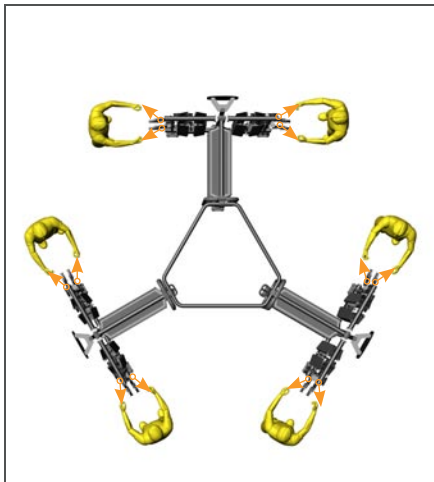
Dual pulley adjustable cable column can be used individually for full body functional training.



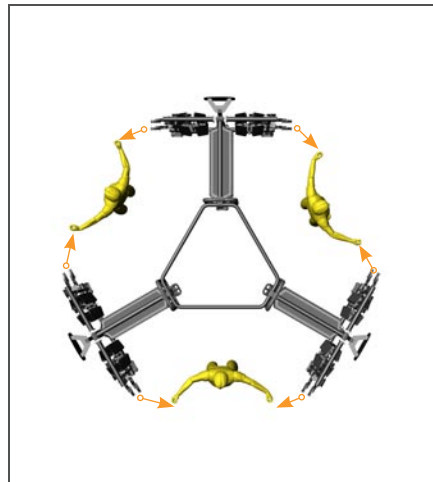
TOP VIEW

Two Cable Component Stations can be used together for cable crossover training.

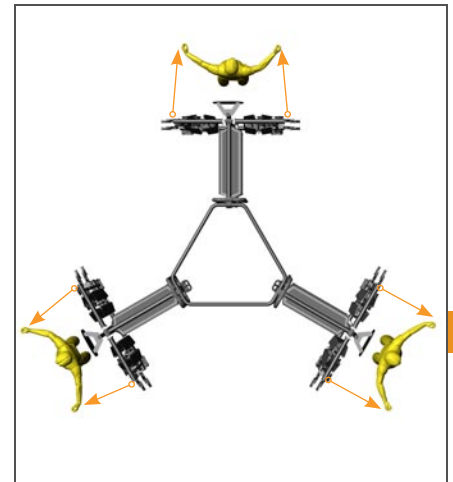
X-Lab W-Cross
Pulley distance 102"



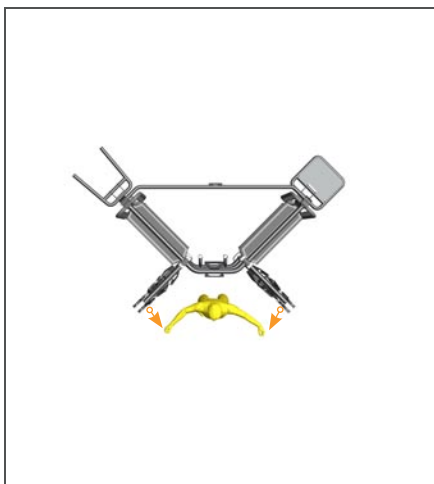
X-Lab CC Group Training
Pulley distance 4"



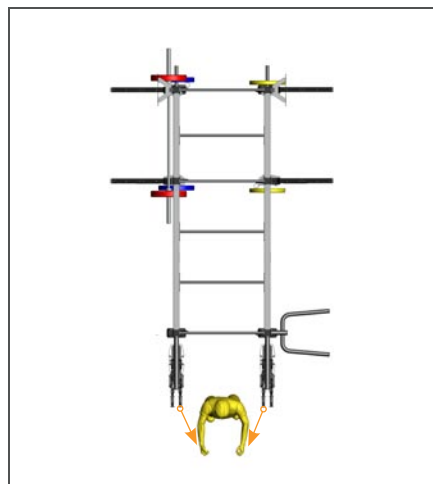
X-Lab C-Cross
Pulley distance 98"



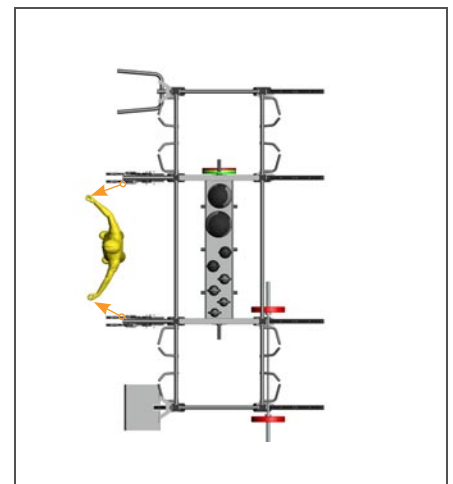
X-Lab I-Cross
Pulley distance 58"



X-Lab V-Cross
Pulley distance 70"



X-Rack 4-Cross
Pulley distance 41"



X-Rack 6-Cross
Pulley distance 71"

Cable Specifications

Weight Ratio: 1:2

Cable Travel Single Handle: 114 in (290 cm)

Cable Travel Double Handle: 57 in (145 cm)

